



Aging in Place vs. Moving to a Community

How true independence can be sustained at the Averden.



If you're imagining how you want to live your post-retirement years, aging in place is likely part of that conversation. Home is often synonymous with comfort, independence, and convenience, but, truthfully, all of those things (and more) are amplified in a senior living community. At the Averden, you'll have more freedom to enjoy life today and more confidence for tomorrow.

Life at Home vs at the Averden

Home	the Averden
Life – Find, plan, and coordinate social time – Maintain a fitness routine – Drive yourself to activities and outings – Prepare your own meals	Life – Built-in community – Steps away from exceptional experiences – On-site fitness center, group classes, pickleball courts, and more – Dining + pub on-site
Responsibilities – Home maintenance, repairs, and utilities – Lawn care + snow removal – Coordinate, hire, and pay for services	Responsibilities – Maintenance-free living – Home upkeep and repairs are taken care of – Lawn care, snow removal, and utilities included
Navigating Care – Coordinate care on your own – Keep up with evolving needs – Drive to appointments – Research available resources and support	Navigating Care – On-site health center – On-site Assisted Living – Access to full continuum of care – A team to guide and support

Live exceptionally, with added ease at the Averden.



More life within reach.

Aging in place can sound like maintaining freedom, but it also means having to manufacture the lifestyle you want yourself. At the Averden:

- Staying active is steps away
- Friends are neighbors
- Entertainment is in your backyard
- Community comes naturally



Downsize your responsibility, not your lifestyle.

Spend less time and energy vetting, coordinating, organizing, and hiring. At the Averden:

- Home maintenance, repairs, and upkeep are covered
- Everything you need is easy to access—and within walking distance
- Expert, compassionate care is nearby when needed
- Responsibilities shift from managing life to enjoying life



A care plan isn't the same as having care in place.

Demand for professional care is increasing rapidly. The care that you deserve and envision may not be readily available when you need it. The Averden offers:

- An on-site health clinic
- Assisted Living residences
- Access to a full continuum of care through Holland Home
- Access to aging support and resources through Trillium Living



Plan once and be set.

Aging at home can require building an evolving ecosystem of care and support on your own, piece by piece. The Averden offers:

- Direct connection to a broad care network
- A team to turn to when needs change or issues arise
- Supportive peers who are in a similar stage of life
- An organization with over 130 years of experience caring for older adults



Enrich your lifestyle. Invest in your future.

Get started by contacting our sales team at **616.643.6060**
or email averden@hollandhome.org.